What can you do now?

Your friend is like your purse, you always make sure they get home okay even if you have to throw them over your shoulder • Offer to be the friend who makes sure the rest of your friends get home safely. • Before you leave, make sure you have your wallet, phone, keys, and the friends you came here with • Use some of that liquid courage to look out for your friends tonight • You are going to go the bathroom with your friend anyway, why not check in with her? • Your bartender is basically your therapist already, if you see someone who might be in trouble, tell him/her • Everyone deserves to sleep their hangover off in their own bed, make sure your friends get home safely • Friends don't let friends keep feeding someone else drinks when they have clearly had too much

Schuylkill Crisis Line:
570-628-2965

No one has to everything, everyone can do something.

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